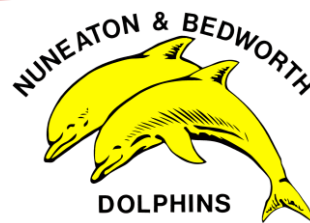


Nuneaton & Bedworth Swimming Club

Affiliated to ASA West Midland Region and Warwickshire ASA
(Under ASA Laws and ASA Technical Rules of Swimming)



End of Season Open Meet

Saturday 22nd and Sunday 23rd June 2024

EVENT: Licensed to Level 3 (3WM240690) by the ASA for entry into County, Regional and Level 1 & 2 competitions.

VENUE: The Pingles, Avenue Road, Nuneaton, CV11 4LX
25 metre, 8-lane pool with anti-turbulence lane ropes and electronic timing
Backstroke ledges and a secondary strobe light will be available

DATE & TIMES: Saturday 22nd and Sunday 23rd June 2024. Sessions are approximately 3 hours. There are four sessions:

- Session 1 – 1.30pm warm-up (55 mins), 2.30pm start | Session 2 – TBC
- Session 3 – 8.30am warm-up (55 mins) 9.30am start | Session 4 – TBC

All times are approximate and to be confirmed.

AGE GROUPS: Open to eligible competitors (as defined by ASA laws) in the following age groups: 9 years, 10 years, 11 years, 12 years, 13 years, 14 years, 15 years & over (ages as at midnight 23rd June 2024).

DISTANCES: 50m, 100m, 200m and 400m events.

QUALIFYING: Swimmers must be no faster than the times set out at the end of these conditions.

SCHEDULE OF EVENTS:

SESSION 1 (Saturday)			SESSION 3 (Sunday)		
Event			Event		
101	Open/Male	400m Individual Medley	301	Female	400m Freestyle
102	Female	100m Backstroke	302	Open/Male	100m Backstroke
103	Open/Male	100m Breaststroke	303	Female	100m Breaststroke
104	Female	200m Freestyle	304	Open/Male	200m Freestyle
105	Open/Male	200m Butterfly	305	Female	200m Butterfly
106	Female	50m Butterfly	306	Open/Male	50m Butterfly
107	Open/Male	50m Backstroke	307	Female	50m Backstroke
108	Female	200m Individual Medley	308	Open/Male	200m Individual Medley
SESSION 2 (Saturday)			SESSION 4 (Sunday)		
Event			Event		
201	Female	400m Individual Medley	401	Open/Male	400m Freestyle
202	Open/Male	50m Breaststroke	402	Female	50m Breaststroke
203	Female	200m Breaststroke	403	Open/Male	200m Breaststroke
204	Open/Male	100m Freestyle	404	Female	100m Freestyle
205	Female	100m Butterfly	405	Open/Male	100m Butterfly
206	Open/Male	200m Backstroke	406	Female	200m Backstroke
207	Female	50m Freestyle	407	Open/Male	50m Freestyle

Programme and timings will be confirmed once all entries have been received.

Meet Information

PHOTOGRAPHY: The promoter reserves the right to invite a professional photographer to the Meet. Any sales of photography will be subject to their terms and conditions. All swimmers and spectators are advised that the use of cameras and camcorders is not presently allowed at the venue. This includes use of cameras on mobile phones. Any change to this policy will be communicated before the Meet.

COMPETITORS: All competitors must be eligible as defined under ASA Laws and may enter events only in their age group. ASA event entry conditions for age group swimming will be applied. All competitors must be registered with the ASA. Competitors diving must have reached the standard of the ASA Competitive Start Award. Those who have not reached this standard must start in the water.

POOLSIDE: Only swimmers, coaches and team managers with a pass and officials will be allowed on poolside during the Meet. Passes can only be obtained by an affiliated club and it is the responsibility of the club applying to ensure their team manager(s) and coach(es) is/are DBS checked and hold the appropriate safeguarding qualifications. Poolside passes will only be issued to those named by their club. The club is responsible for ensuring that supervision ratios are adhered to [as per Wavepower](#). Poolside passes cost £8 for the day (includes lunch) and can be obtained by completing the relevant form.

Swimmers should bring small bags only to poolside. Competitors are requested to use the lockers in the changing rooms for all large bags. No glass bottles, etc. may be brought onto poolside. Air vents must not be obstructed by bags and towels. Rubbish must be placed in the bins provided.

WARM-UP: Lane arrangements and age groups will be published in advance at www.nunbedswim.co.uk/open-meets. All swimmers must exit the water to the far end or sides and not over timing pads. Each age group slot will end with sprints from the blocks.

SEEDING AND STARTS: All events will be seeded in time classification, the slowest competitors being in the first heat. The final heat of each event will be spearheaded. Over the top & side by side starts may be used.

STEWARDING: It is the responsibility of team managers and coaches to ensure that their competitors report to the stewards in time for the start of their race. All participants and spectators must observe the safety precautions in operation at the venue.

OFFICIALS: Without sufficient licensed ASA officials we will not be able to run this meet, nor support requests for mentoring. We therefore request that **all** clubs provide us the name and contact details of **at least two** fully qualified officials per session during the Meet. Refreshments will be available for all officials and food will be provided for those who volunteer for both sessions in a day. Travel expenses are available for any officials invited to attend without swimmers competing. Please sign up at www.nunbedswim.co.uk/open-meets.

RESULTS: As far as practicable, start lists and live results will be available on the day at www.nunbedswim.co.uk/open-meets. Recorded times will be entered into Swim England rankings.

AWARDS: Competitors placed 1st, 2nd & 3rd in each individual event in each age group will receive awards. 'Hot heats' may be run in any event, selected at random, with a spot prize awarded to 1st place in relevant heats.

COVID-19/SOCIAL DISTANCING: All swimmers, coaches, team managers, officials and spectators must adhere to any government, Swim England and venue requirements/guidelines in place at the time of the meet.

CHANGING FACILITIES: The changing facilities at the venue are in the form of a changing village and are shared use between the competition pool and the leisure pool (which will be open to the public during the Meet). Cubicles are not to be reserved/occupied by swimmers for the duration of sessions.

PERSONAL PROPERTY: Neither Nuneaton & Bedworth Swimming Club (NBSC) nor the pool operator can be held responsible for loss or damage to spectators', competitors', coaches', team managers' or officials' property.

PARKING: The Pingles has a main car park and overflow to the rear. Both are subject to charging on Saturdays. At the time of publication, payment can be made by coins or on the RingGo app (location ID 90511).

REFRESHMENTS: Cafeteria plus hot and cold drinks and snacks machines are available.

ENTRIES:

1. Closing date of entries is **midnight Sunday 19th May 2024**. The promoter may close entries earlier if the event is full/over-subscribed. Entries will be selected on a 'first come, first served' basis to comply with session timing and capacities.
2. **Female:** athletes with a birth sex of female in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female. **Open:** athletes with a birth sex of male, trans or non-binary competitors and any competitor not eligible for the female category.
3. Entry fee is **£6.50** for each event.
4. Electronic entry by a SportSystem file is the preferred route. This file will be made available at www.nunbedswim.co.uk/open-meets or by emailing meets@nunbedswim.co.uk. Entries made in this way **must** be in the format prescribed by the Promoter. Clubs with more than 5 swimmers entered in the Meet are required to submit an electronic entry in this format.
5. Remittances to be made by bank transfer. All entry fees for one club are to be consolidated into one payment. The Summary Sheet and entry report is to be sent via email. Paper entry forms for individual entries should be sent via email to meets@nunbedswim.co.uk. Note that entries will be processed before BACS details are sent. Once accepted, payment is to be received and cleared within 7 days.
6. Entries that are incomplete, illegible or sent without the correct entry fee may be rejected.
7. Entries for this Meet will be held digitally and as required by the Data Protection Act 1998. Permission to hold such personal data will be deemed to have been given by the submission of an entry.
8. The Meet will be timed on the submitted entry times. **It is therefore vital that entry times submitted are accurate.** NBSC do not accept any responsibility for SportSystem files that are entered incorrectly and will not make any changes to times or events entered for swimmers. Subsequent amendments to entry times will not be permitted.
9. Refunds for rejected entries will be made to the club by BACS upon provision of the necessary details. There will be **no refunds for withdrawals** after the accepted/rejected entries lists have been published unless in the event of injury. Refunds for injuries must be supported by a doctor's note and will be payable at NBSC's discretion. Claims must be received before the Meet commences. Swimmers who are selected for national, regional or county events or training programmes can be refunded their entry fees if they are later selected for representation or training events on the day of the Meet. Proof of selection, including date, will be requested.
10. This will be a cardless meet. All details of acceptance/rejection will be posted at www.nunbedswim.co.uk/open-meets. All details must be checked and any errors notified to meets@nunbedswim.co.uk immediately. Corrections cannot be made on the day of the event.
11. The promoters reserve the right to alter these conditions if necessary. Any alterations will be sent for approval by the Regional Licensing Officer prior to the meet, and the amended conditions will be made available on the website. Any matter not covered by these conditions shall be at the promoter's discretion if not covered by ASA Laws or Swim England Technical Rules.
12. **Promoter:** Delia Reynolds (nbscswimming@outlook.com)

WITHDRAWALS AND FAILURE TO REPORT FOR EVENTS

1. Where possible, withdrawals should be made in advance at www.nunbedswim.co.uk/open-meets, or by contacting meets@nunbedswim.co.uk with the competitor's name and the event(s) they wish to withdraw from.
2. Any swimmer who does not report for an event they have entered without informing the Meet secretary prior to warm-up commencing may be excluded from swimming in any other event that day.

Qualifying Times

Level 3 Licensed Meet: Upper Qualifying Times (UQT) Short Course pool

(Swimmers must be no faster than the times below)

ASA age group entry conditions apply

Open/Male	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs/over
50 Freestyle	32.90	31.10	29.60	27.90	26.60	25.60	24.80
100 Freestyle	1.12.80	1.07.80	1.03.90	59.80	56.80	54.80	53.60
200 Freestyle	2.35.20	2.26.10	2.18.00	2.09.80	2.03.40	1.59.00	1.56.40
400 Freestyle	5.33.10	5.07.20	4.47.70	4.31.70	4.24.70	4.16.20	4.07.01
50 Breaststroke	42.90	38.50	36.10	33.80	32.50	31.40	31.00
100 Breaststroke	1.35.10	1.29.30	1.22.70	1.17.20	1.12.30	1.09.50	1.07.30
200 Breaststroke	3.18.00	3.03.00	2.55.00	2.46.00	2.36.70	2.30.20	2.26.10
50 Butterfly	35.60	34.90	32.80	31.00	29.00	27.70	26.60
100 Butterfly	1.24.70	1.19.00	1.12.50	1.07.60	1.03.60	1.00.80	58.80
200 Butterfly	3.15.40	2.54.00	2.38.30	2.28.80	2.20.50	2.14.60	2.09.10
50 Backstroke	37.90	36.00	34.10	30.40	29.40	28.40	26.90
100 Backstroke	1.22.00	1.18.00	1.12.30	1.08.00	1.04.10	1.01.40	59.50
200 Backstroke	2.52.00	2.41.20	2.33.60	2.25.00	2.17.20	2.11.70	2.08.10
200 I.M.	2.58.10	2.48.10	2.36.80	2.27.90	2.20.70	2.17.60	2.16.20
400 I.M.	6.38.60	6.35.60	5.32.40	5.11.60	4.58.90	4.52.80	4.45.00

Female	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs/over
50 Freestyle	33.00	31.40	30.00	28.60	27.90	27.50	27.10
100 Freestyle	1.11.90	1.09.00	1.04.30	1.01.00	59.60	58.60	58.00
200 Freestyle	2.35.20	2.26.50	2.18.40	2.11.00	2.07.60	2.05.90	2.04.40
400 Freestyle	5.26.10	5.11.30	4.49.60	4.42.20	4.31.80	4.27.60	4.21.40
50 Breaststroke	42.50	41.00	38.50	36.40	35.20	34.50	34.00
100 Breaststroke	1.34.00	1.29.60	1.22.50	1.18.00	1.15.10	1.13.00	1.12.40
200 Breaststroke	3.22.10	3.05.10	2.56.90	2.47.20	2.41.10	2.37.70	2.36.30
50 Butterfly	35.70	34.80	33.10	31.40	30.50	29.90	29.30
100 Butterfly	1.23.40	1.19.30	1.12.60	1.08.20	1.06.20	1.04.60	1.04.10
200 Butterfly	3.08.40	2.56.00	2.39.80	2.29.40	2.24.40	2.20.90	2.18.80
50 Backstroke	36.60	35.90	34.00	32.50	31.60	31.00	29.80
100 Backstroke	1.21.90	1.18.10	1.12.30	1.08.20	1.06.20	1.05.10	1.04.10
200 Backstroke	2.53.90	2.42.20	2.32.50	2.25.00	2.21.50	2.19.20	2.16.90
200 I.M.	2.57.40	2.50.40	2.46.30	2.38.20	2.34.70	2.32.10	2.30.50
400 I.M.	6.34.30	6.12.30	5.49.90	5.31.90	5.22.80	5.18.10	5.14.80